



Danville Shag Club

February 2024 Newsletter

Shagging Corner
By: President John Gilstrap

1. We have found a place to teach shag lessons. See the flyer on the next page. Get the word out and join us on the 4th of March. Until then, I have tried to put in writing the basic steps. If this is confusing, call me. I have experience talking people through it over the phone.

Basic Step Shag I]

1. Male starts with left foot lead and female starts with right foot lead. Both take a normal step and transfer weight to lead foot.
2. Both male and female follow with back foot forward to lead foot, but do not go beyond lead foot and transfer weight to follow foot.
3. Both will move lead foot backward a few inches and transfer weight to lead foot.
4. This is called front of basic, and it is counted 1 & 2 (male – left, right, left and female – right, left, right. Both are up, up, back movements).
5. Male right foot (follow foot) and female left foot (follow foot) will take a normal step backwards to where one started and transfer weight to follow foot.
6. Both will bring front foot back to follow foot without passing and transfer weight to lead foot.
7. Both will slide back foot (male right, female left) up a few inches and transfer weight to that foot.
8. This is called middle of basic and is counted 3 & 4. Both are back, back, up movements.
9. Male lead (left foot) and female lead (right foot) will take small step backwards (shift weight) and then step forward with opposite foot (shift weight) commonly referred to as rock - step. This is end of basic and counted 5 - 6.
10. Repeat 1 & 2, 3 & 4, 5 - 6 (up, up, back – back, back, up – back, up).
11. Turns are simply staying on correct foot by turning partner and exchanging places. Either female under arm for female turn or male under arm for male turn. The male will use his left hand and connect with female’s right hand. Do not grip! The hands are stationary except when leading a turn or step (as if connected to fence post). Using both hands is almost never done. The exception may be the sugar foot mirror step.

There are over 400 steps in shagging and most start with and continue with the basic. The few exceptions would be the pivot and some mirror steps.

John

INSIDE THIS ISSUE

Presidents Letter.....	1
Shag Dance Lessons.....	2
Board Members Info.....	3
Upcoming Events.....	3
Editors Note.....	4
New Website.....	5
SOS Web App.....	6
Tee Shirt Contest.....	7
Birthdays.....	8–9
Prayers/Sympathy.....	10
Pictures.....	11-15

Officers of the Board

- President—John Gilstrap
- Vice President—
Debbie Watlington
- Secretary—Janice Gilstrap
- Treasurer—Bill Hayden

NEWSLETTER EDITOR:

Amy Bolen—
amyb32@gmail.com



*** Shag Dance Lessons ***



'Beginner' Shag Dance Lessons will begin on
Monday, March 4, 2024, at 6:00 PM.

Lesson dates are: 3/4, 3/11, 3/18, 3/25, 4/8, 4/15. (Skipping 4/1 for Easter Monday)

Ballou Recreation Center, Danville, VA...

<https://www.danvilleva.gov/1847/Parks-and-Recreation>

6 sessions, \$35.00 per person.

You do not need a partner to learn!

Instructors: John and Janice Gilstrap and members
of Danville Shag Club.

Contact Ballou Park to sign up
or sign-up the first night.

See you on the dance floor!

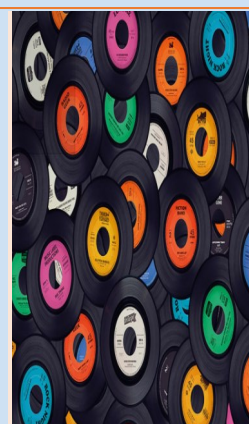


Danville Shag Club

2023/24

BOARD MEMBER INFORMATION

Position	Name	Email
Officers of the Board		
President	John Gilstrap	gilstrapjb@gmail.com
Vice President	Debbie Watlington	dbwatlington@live.com
Secretary	Janice Gilstrap	gilstrap@comcast.net
Treasurer	Bill Hayden	b.hayden47.bh@gmail.com
Committee Chairs		
Public Relations	Amy Bolen	amyb32@gmail.com
Co- Leader	Nora Eaton	neaton56@gmail.com
Membership	Ernie Holcomb	peholcomb@bellsouth.net
Nominations	TBD	TBD
Historian	Bill Hayden	b.hayden47.bh@gmail.com
Special Events	Cathy Rutledge	cathyrdh74@gmail.com
Telephone	Ernie Holcomb	peholcomb@bellsouth.net
Ways and Means	Dennis Rutledge	drutledge@womackelectric.com
Past President	Nora Eaton	neaton56@gmail.com



Danville Shag Club
P.O. Box 10478
Danville, Va. 24543

info@danvilleshag.com

434-203-8944

Where Friends Meet to Enjoy the Lifestyle, Music and Dance.



Like us on Facebook → Danville Shag Club



UPCOMING EVENTS

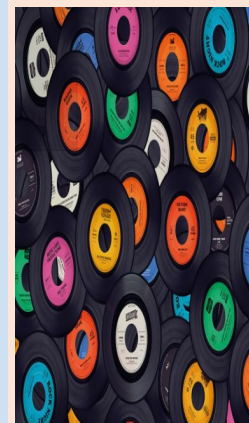
Date	Day	Place & Time	DJ
March 4, 2024	Monday	Beginner Shag Lessons 6:00PM Ballou Park Recreation	Lesson #1
March 7, 2024	Thursday	2 Witches 6:00PM to 9:00PM	Eldridge Meeler
March 11, 2024 March 18, 2024 March 25, 2024	Monday	Beginner Shag Lessons 6:00PM Ballou Park Recreation	Lessons #2—#4
April 4, 2024	Thursday	2 Witches 6:00PM to 9:00PM	Ricky Grubbs
April 8, 2024 April 15, 2024	Monday	Beginner Shag Lessons 6:00PM Ballou Park Recreation	Lessons #5 & #6

91

Members

As of

January 22, 2024





**NEWSLETTER
DEADLINE
IS
FEBRUARY
24, 2024**

Hi Danville Shag Club members!

Time is passing so fast and here we are, with a New Year and now Valentine's Day is quickly approaching. This newsletter is packed with information. Please spend time to read it, the new website and all emails sent to you, the DSC members. Forgive the typos and mistakes as there is a lot of words, pictures, graphics and detail as this is definitely a labor of love. :) The goal is to publish a newsletter at least 6 times a year and I'm trying very hard to meet that goal. Please share content to make this newsletter a success. You may email me at amyb32@gmail.com.

I've been working hard on rebuilding our Danville Shag Club website. Please take a peek! Lots of information is there for you to review, use and pass on. Share the site with anyone and everyone. It's danvilleshag.com.

The board is so excited to announce a place has been secured for providing Beginner Shag lessons. Let's all support and get the word out to your friends, family and neighbors.

Don't forget about installing the SOS Application on your phone. Also, for those creative folks in this club, try your hand at creating a design for the next SOS shirt.

Keep those feet moving on the dance floor! Until next time.....

Be Blessed....

Amy B.

WE NEED YOU!

Send in your
articles,

prayers,

concerns,

recipes,

accolades,

celebrations, notes
and any pictures to

amyb32@gmail.com.

**IMPORTANT
ANNOUNCEMENT**

**Danville Shag Club's
New Website
New Logo**

danvilleshag.com

***** Check it out! *****

Navigate through the pages and let me know what you think.



Send Feedback to: amyb32@gmail.com

Amy B.

REMINDER to install the SOS Application.

From SOS Webmaster, Mary Gregory.

You will be able to get all the schedules of the SOS Clubs at the beach for Mid-Winter, Spring Safari, and Fall Migration (just another great member benefit. Also, you will see all the Carefree Times from 1981 through 2023. Go back and reminisce through some of the old times.

How to Install the SOS App.

1. Scan this QR Code either with a QR Reader or your Camera





Or if you use your Camera:

It will come up



Click on the eventapp.to (box)

1. If Android Phone Click on the Install Icon at the top  and then click install. (it will be installed)
2. If iPhone, If you Scanned by **QR Code** or clicked on the "**eventapp.to**" box the following screen appears:
3. Then click on this icon:  and **scroll down** and click on "**Add to Home Screen**"



4. Name it: **SOS APP** and Click **ADD**.

Tee Shirt Contest

- March 1, 2024 deadline –



Celebrating 40 years of SOS!

From Becky Berry, ACSC Secretary.

The ACSC is celebrating its 40th year this year. The ACSC is honoring it by having a contest where you or one of your club members can come up with a design to submit for the SOS Spring Safari tee shirt that will be sold in the SOS store.

Each person that wishes to enter a design must have it submitted to Judy Vick by **March 1st**. It must include the SOS logo, year and the design will have the signature of the winner at the bottom of the design on the back when printed. Send it to the address listed below:

Judy Vick

PO Box 1142

Lancaster, SC 29721

jvick@comporium.net



MARCH BIRTHDAYS

Suzanne Moore **March 6**

Rawley Bennett

March 21

Ron Russ **March 7**

Philip Motley

March 30

Patsy Holcomb **March 10**

Allen Roney

March 30

APRIL BIRTHDAYS

Flo Smith **April 9**

Rodney Pleasants

April 23

Doug Hudson **April 10**

Debbie Watlington

April 29

Sue Ward **April 16**

Philip Wells

April 29

John Gilstrap **April 19**

MAY BIRTHDAYS

Jim Fuquay **May 10**

Stephen Mathlery

May 18

Richard Plaster **May 11**

Janice Gilstrap

May 20

Frank Mardavich **May 18**

Ken Ashworth

May 31

To update your membership information.

Contact Ernie Holcomb at peholcomb@bellsouth.net



JUNE BIRTHDAYS

Carl Barrow	June 5	Gloria Reynolds	June 18
Margie Hudson	June 15	Bill Harris	June 22
Ann Hayden	June 16	Margaret Motley	June 26
Melissa Slusher	June 18	Bucky Merricks	June 29

JULY BIRTHDAYS

Ginger Newton	July 2	Bonnie Meeler	July 19
Bob Hamilton	July 3	Doug Keaton	July 19
Donna Pleasants	July 3	Becky Hamlin	July 20
Dorothy Hundley	July 5	Connie Rowland	July 27
Carol McClanahan	July 7	Betsye Gilley	July 29
Bill Smith	July 12	Dennis Rutledge	July 30
Sharon Russ	July 15		

AUGUST BIRTHDAYS

Janice Clayton	August 8	Mack Doss	August 18
Carrie Jones	August 11	Matt Harris	August 29
Pam Patterson	August 14	Amy Bolen	August 31

To update your membership information.

Contact Ernie Holcomb at peholcomb@bellsouth.net

THOUGHTS AND PRAYERS

Please continue to pray for our members and their families:

Loss of loved ones:

Bill Harris on the loss of his sister.



Illnesses:

Betsye Gilley had minor surgery on her hand in December and is recovering well.

Eldridge Meeler had back surgery in December and is recovery nicely. (He will be our DJ in March. ;)

Sandra Strader with her fight against cancer.

Amy Bolen's mother, Mary Collins who is fighting Stage 4 cancer.



Assn. of Carolina Shag Clubs



Society of Stranders



Beach Music



Danville Shag at Myrtle Bch



Fast Dancers

Danville Shag Club Christmas Party 2023





Meet the Area Shag Club Party (MTASC) October 13, 2023





You can view these photos and other Group Photos in the Gallery section of danvilleshag.com.



This is the End of our February newsletter!

I do hope you enjoy reading this and gaining insight to our shag club. I couldn't do this without Nora Eaton remembering what I always forget. Thank you Nora!

Please remember to submit ideas, content, recipes, pictures to share, events, deaths, illnesses, births, etc..

Until next time.... Be blessed!

Amy B.